

DENISON LUNCH MENU

OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALTERNATE ENTREE CHOICES:				
Turkey & Cheese Munchable PB & J Sandwich Toasted Cheese Sandwich	Yogurt Basket PB & J Sandwich Ham & Cheese Sandwich	Turkey & Cheese Munchable PB & J Sandwich Toasted Cheese Sandwich	Yogurt Basket PB & J Sandwich Ham & Cheese Sandwich	Turkey & Cheese Munchable PB & J Sandwich Toasted Cheese Sandwich
1 Beef Nachos Cheese Nachos Southwest Beans Baby Carrots	2 Breaded Chicken Drumstick w/ Dinner Roll Hummus Bowl Broccoli Mashed Potatoes	3 Hot Ham & Cheese Cheesy Breadsticks w/ Marinara Cherry Tomatoes Italian Green Beans	4 All Beef Hot Dog Mediterranean Sandwich Sweet Potato Tots Cucumber/Tomato Salad	5 Lasagna Spinach Lasagna Garlic Bread Spinach Salad Baby Carrots
	Chicken Nuggets	Spicy Chicken Sandwich		Cheesy Breadsticks w/ Marinara
8 Chicken Nuggets w/ Dinner Roll Charro Beans & Rice w/ Tortilla Coleslaw Potato Strips	9 Turkey Alá King Broccoli Cheese Baked Potato Dinner Roll Baby Carrots Sweet Peas	10 Beef Tacos Veggie Tacos Spanish Rice Spicy Corn Salad Cucumber/Tomato Salad	11 BlackJack Pizza Garden Greens Cherry Tomatoes	12 Chicken Alfredo Pasta Alfredo Garlic Bread Spinach Salad Fiesta Bean Salad
	Cheese Quesadilla			Chicken Quesadilla
15 Chicken Sandwich Falafel w/ Flatbread Black Beans Coleslaw	16 Mac & Cheese Garlic Bread Sweet Peas Cucumber/Tomato Salad	17 Haystacks Garden Chili w/ Tortilla Baby Carrots Spicy Corn Salad	18 Pepperoni Stromboli Veggie Stromboli Garden Greens Italian Green Beans	19 CONFERENCE DAY
Hamburger Deluxe	Chicken Nuggets	Cheesy Nachos	Spaghetti Bolognese	
22 PLANNING DAY	 23 PLANNING DAY	24 Hot Ham & Cheese Cheesy Breadsticks w/ Marinara Cherry Tomatoes Italian Green Beans Spicy Chicken Sandwich	25 BlackJack Pizza Mediterranean Sandwich Sweet Potato Tots Cucumber/Tomato Salad	26 Meat Lasagna Spinach Lasagna Garlic Bread Spinach Salad Baby Carrots Cheesy Breadsticks w/ Marinara
29 Chicken Nuggets w/ Dinner Roll Charrol Beans & Rice w/ Tortilla Coleslaw Potato Strips	30 Turkey Alá King Broccoli Cheese Baked Potato Dinner Roll Baby Carrots Sweet Peas Cheese Quesadilla	31 Beef Tacos Veggie Tacos Spanish Rice Spicy Corn Salad Cucumber/Tomato Salad	SALAD BAR: An unlimited variety of fresh, frozen, and canned fruits and vegetables are offered daily. Local varieties used when available.	MILK CHOICES: Water and a variety of milk products are available at each meal: - Fat Free White - 1% White - Fat Free Strawberry - Fat Free Chocolate

MENU INFORMATION



Scratch Made



Vegetarian



Whole Grain



Contains Pork

For more information, please visit: foodservices.dpsk12.org

* Please note, menus are subject to change. This institution is an equal opportunity provider.