

# DENISON LUNCH MENU

JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ALTERNATE ENTREE CHOICES:</b>				
<b>Turkey &amp; Cheese Sandwich</b> <b>PB &amp; J Sandwich</b> <b>Toasted Cheese Sandwich</b>	<b>Yogurt Basket</b> <b>PB &amp; J Sandwich</b> <b>Ham &amp; Cheese Munchable</b>	<b>Turkey &amp; Cheese Sandwich</b> <b>PB &amp; J Sandwich</b> <b>Toasted Cheese Sandwich</b>	<b>Yogurt Basket</b> <b>PB &amp; J Sandwich</b> <b>Ham &amp; Cheese Munchable</b>	<b>Turkey &amp; Cheese Sandwich</b> <b>PB &amp; J Sandwich</b> <b>Toasted Cheese Sandwich</b>
<b>SALAD BAR:</b>  An unlimited variety of fresh, frozen, and canned fruits and vegetables are offered daily. Local varieties used when available.	1  <b>WINTER BREAK</b>	2  <b>WINTER BREAK</b>	3  <b>WINTER BREAK</b>	4  <b>PLANNING DAY</b>
7 <b>Mac &amp; Cheese</b> <b>Garlic Bread</b> Fiesta Bean Salad Broccoli	8 <b>Chicken Tamale</b> <b>Cheese Tamale w/</b> Refried Beans Spicy Corn Salad Cherry Tomatoes	9 <b>Meatloaf w/ Dinner Roll</b> <b>Garden Chili w/ Tortilla</b> Mashed Potatoes Sweet Peas	10 <b>BBQ Chicken</b> <b>Broccoli Cheese Baked Potato</b> <b>Dinner Roll</b> Coleslaw Baby Carrots	11 <b>Cheeseburger</b> <b>Veggie Wrap</b> Sweet Potato Tots RIPS
	<b>Cheese Quesadilla</b>	<b>Chicken Nuggets</b>		<b>All Beef Hot Dog on Bun</b>
14 <b>Chicken Nuggets</b> <b>Dinner Roll</b> <b>Hummus Bowl</b> Baby Carrots Celery Sticks	15 <b>Spaghetti w/ Meat Sauce</b> <b>Spaghetti w/ Marinara</b> <b>Garlic Bread</b> Garden Greens Tomato/Cucumber Salad	16 <b>Pancakes w/ Sausage</b> <b>Pancakes w/ Hard Boiled Egg</b> Oven Potatoes Baby Carrots	17 <b>BlackJack Pizza</b> Curly Fries Coleslaw	18 <b>Beef Nachos</b> <b>Cheese Nachos</b> Southwest Beans Spicy Corn Salad
21  <b>MLK Jr. DAY</b>	22 <b>Chicken Teryaki w/ Brown Rice</b> <b>Grilled Mediterranean Sandwich</b> Broccoli Sweet Corn	23 <b>Beef Tacos</b> <b>Veggie Tacos</b> <b>Spanish Rice</b> Refried Beans Cherry Tomatoes	24 <b>Chicken Alfredo</b> <b>Pasta Alfredo</b> <b>Garlic Bread</b> Garden Greens Baby Carrots	25 <b>All Beef Hot Dog on Bun</b> <b>Charro Beans &amp; Rice</b> Sweet Potato Tots Cucumber Coins
	<b>Chicken Quesadilla</b>			
28 <b>Mac &amp; Cheese</b> <b>Garlic Bread</b> Fiesta bean Salad Broccoli	29 <b>Cheesy Breadsticks w/ Marinara</b> <b>Falafel w/ Flatbread</b> Garden Greens Cherry Tomatoes	30 <b>Meatloaf w/ Dinner Roll</b> <b>Garden Chili w/ Tortilla</b> Mashed Potatoes Sweet Peas	31 <b>BlackJack Pizza</b> Coleslaw Baby Carrots	<b>MILK CHOICES:</b>  Water and a variety of milk products are available at each meal: - Fat Free White - 1% White - Fat Free Strawberry - Fat Free Chocolate
		<b>Chicken Nuggets</b>		



MENU INFORMATION							
	<b>Scratch Made</b>		<b>Vegetarian</b>		<b>Whole Grain</b>		<b>Contains Pork</b>

For more information, please visit: [foodservices.dpsk12.org](http://foodservices.dpsk12.org)  
 \* Please note, menus are subject to change. This institution is an equal opportunity provider.